



HEADLIFT STAND SAFETY

INSTRUCTIONS

- When using any style front stand, always install your rear stand first!
- **NEVER** sit on your motorcycle while using the headlift stand!
- It is a good idea to have a secondary support mechanism in place under the motorcycle incase of accidental drop. A small block of wood or floor jack under your exhaust for example.
- Before performing any maintenance on your motorcycle, it is a good idea to break loose any major nuts or bolts (do not completely loosen however) **before** lifting the motorcycle. This will make each job safer and easier.

Front and Rear Motorcycle Stand Instructional Guide

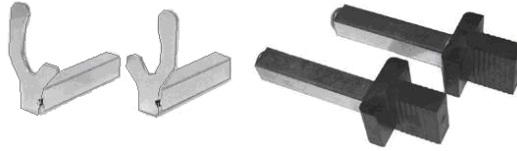
**** ALWAYS INSTALL YOUR REAR STAND PRIOR TO INSTALLING ANY FRONT STAND ****

Rear Stand Installation:

- 1) Determine which stand is the front and which is the rear. The narrower of the two is designed for the front and the wider of the two is designed for the rear.
- 2) Ok, now determine which type of rear attachment you intend on using on the motorcycle. You have a choice between the universal "L" shaped attachments that will lift from the swing-arm. **NOTE:** If your motorcycle does not allow for swing-arm spools or if it does allow for swing-arm spools, but you do not have a set installed, you must use the universal "L" shaped attachments to lift the bike via the swing-arm. If you do in fact have spools attached to your swing-arm, it is recommended that you utilize the "Y" shaped spool attachments to lift the bike for a superior hold.

"Y" Shaped for Spools

Universal "L" Pads



- 3) Now position yourself and the rear motorcycle stand behind your bike. Begin to stand the motorcycle upright by holding onto the rear tail section and standing the bike up vertically (BE CARE NOT TO TIP YOUR MOTORCYCLE OVER. THIS ONE HANDED OPERATION IS DIFFICULT), or the other option is to position a block of wood or something else under the kick stand to get the bike in an almost vertical position. Once you have the bike virtually upright, maneuver the stand and the attachments you have chosen into their appropriate positions. Having a second person helping to hold the bike upright may be a good idea until you get the hang of the lifting process.

USING UNIVERSAL "L" SHAPED PADS



USING "Y" SHAPED SPOOL ADAPTERS



ONCE IN PLACE, PUSH DOWN TO LIFT BIKE



- 4) Once you have the appropriate attachments in place as indicated in the pictures above, while holding onto your motorcycles tail section for stability, push downward on the rear portion of the stand to lift the rear wheel off the ground as indicated in picture 3.

Front Fork Stand Installation:

- 1) **AFTER YOU HAVE INSTALLED YOUR REAR MOTORCYCLE STAND FIRST.** You are now able to install the front fork stand as well.
- 2) IF YOU PURCHASED A FRONT HEADLIFT STAND AND CHOSE TO USE IT, PLEASE SKIP TO THE NEXT PAGE FOR DETAILED INSTRUCTIONS.
- 3) Make sure your front tire is pointing straight forward and then position the front fork stand as indicated in the pictures below. Please look **VERY CLOSELY** at picture #4 and make sure you are using the proper attachments as indicated.



- 4) Once the front fork stand is in place, push downward on the rear section of the front stand to lift the front wheel off the ground, as indicated in picture 5.

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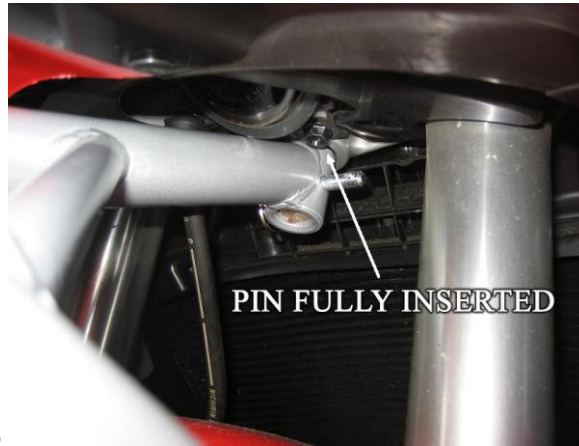
Head Lift Stand Installation: * NEVER SIT ON YOUR MOTORCYCLE WHILE USING THE HEADLIFT STAND *

5) Attach the head lift adapter to your current front gp pro series race stand as shown in the picture #1. Start with the lowest height option when using the head lift adapter. The front tire only needs to come off the ground by about an inch.

6) **CHECK BEFORE LIFTING:** In some cases, fairings, horns or brake lines may be in your way. Movement or removal may be necessary.



7) By hand, determine which pin fits tightest into the headstock hole (picture #3). After the pin is selected, insert and secure the pin into the end of the head lift adapter arm. Then position the stand in front of the front wheel and FULLY insert the pin into the headstock hole (picture #4).



8) Make sure that the pin is FULLY inserted into the headstock hole and does not slide out. To do this, you can hold the pin in its fully inserted position with one hand and begin to push downward on the handle of the front stand with the other hand.

9) Finally, push downward slowly and the front tire will come off the ground (picture #5). Check for fairing, brake line or horn clearance as you lift. If the tire does not come off the ground, choose another height and repeat the process.